

# FARMHOUSE PANTRY

3223 State Route 3 Saranac NY 12981 518.293.5174 thekitchen@farmhouse-pantry.com Hours:

Sunday: 8 am to 3:30 pm Monday: closed Tuesday: closed Wednesday: 8 am to 8:30 pm

Thursday: 8 am to 8:30 pm Friday: 8 am to 8:30 pm Saturday: 8 am to 8:30 pm

From-scratch cooking and baking; many local ingredients (pastureraised meats, yogurt, syrup, honey, veggies, and more), 99% organic, and fair-trade when possible

We are a counter-service and non-tipping establishment, striving for true, honest pricing and fair wages

 $(\mathbf{v}) = \mathbf{vegan}$  and dairy-free

(gf) = flourless, made without gluten-containing ingredients; kitchen is not gluten-free though we do our best to ensure no cross-contact

Specials posted to facebook.com/farmhousepantrysaranac and Instagram @farmhouse\_pantry



HOUSE SODA 2.50 med 3 large On-tap seltzer flavored with homemade organic syrups: Cola - Root Beer - Lemon-lime - Vanilla (Cream) Bubblegum - Maple - Almond - Caramel



FLOATS 7

Root Beer (or choice of soda) with a scoop of vanilla ice cream

BEER AND CIDER Regional draft beers: 5-7 / pint 18 / pitcher or BYO growler / +4 new growler Organic bottled beers (pale ale, lager, and chocolate stout), hard cider, and perry (pear cider) 4.50 / 12 oz



WINES

glass 6 / bottle (in-house only) 20 Chardonnay (dry white) Pino Grigio (off-sweet white) Cab Sauv (dry red)

Sparkling Rosé (250 ml) 7

SANGRIA SLUSHY Red wine blended with frozen peach, strawberry, and blueberry 9

LEMON-BERBY WINE SLUSHY Pinot Grigio with frozen strawberries and lemon-lime syrup 9





#### **STARTERS**



CHIPOTLE CHICKEN DIP

Warm cheesy chicken dip with southwest spices, served with veggie sticks and homemade bread 18

GREEK COUNTRY SALAD (gf)

Diced cucumber, tomato, and cow's-milk feta, with red onion, Kalamata olives, oregano, olive oil, and lemon juice 13

THREE-BY-THREE (gf, v)

Choose three dippers - French fries, fried tempeh sticks, fried polenta wedges, or fresh veggies - and pair with choice of three dipping sauces: ketchup / honey-mustard / BBQ / ranch / thousand-island / ginger-mayo / maple-miso / chipotle mayo 13



Bread & Oil

Minced garlic, olive oil, and cracked pepper, with homemade bread for dipping 9

PANTRY POPCORN (gf)

Kettle-popped with sunflower oil in choice of flavor: salted butter – caramelized kettle (v) – garlic and herb (v) – ranch – spicy southwest (v)  $\mathcal{C}$ 

TRIO OF CROSTINI Small slices (3) of griddled bread topped with creamy garlic-herb cheese spread 4



Large bowl (16 oz) 7.5

-Add a slice of warm bread: +1.50

Selections vary daily Small cup (7 oz) 4 Crock (10 oz) 5 Soups







#### LOADED FRIES



Large serving of hand-cut russet potatoes twice-fried in sunflower and/or canola oil

All are (gf): no wheat/gluten used in our deep-fryer

CHEESEBURGER FRIES House fries topped with our thousand-island sauce, cheddar, crumbled grass-fed burger, and diced onion, tomato, and dill pickle 18

GRAVY FRIES From-scratch beef-and-chicken brown gravy over fries topped with a melty blend of mozzarella, jack, and provolone cheeses 15



MEDITERRANEAN FRIES

Fries topped with diced tomato, cows-milk feta, Kalamata olives, oregano, olive oil, and lemon juice 16

CREAMY MUSHROOM FRIES Sauteed mushrooms in a garlic-parmesan cream sauce over fries 14

CHICKEN-RANCH FRIES Fries, ranch dressing, cheddar, warm chicken, diced tomato and bell pepper 18

TRIPLE DIPPER Large fries with choice of 3 dips/sauces (ketchup / honey-mustard / BBQ / ranch / thousand-island / ginger-mayo / maple-miso / chipotle mayo) 8



SALADS

All salads are gluten-free; house-made dressings include maple-balsamic vinaigrette, thousand-island, creamy ginger, ranch, and honey-orange vinaigrette - all are served on the side, and all are dairy-free except for ranch Extra dressing: +0.50

#### FRUIT 'N NUT SALAD

Salad greens, red onion, apple wedges, dried cranberries, diced feta, and toasted walnuts, with maple-balsamic or honey-orange vinaigrette 15

 $Sesame\text{-}Crusted \ Tofu \ Salad \ (v)$ 

Slices of pan-fried sesame-crusted tofu served on salad greens with thin-sliced seasonal veggies, with a creamy ginger dressing 13

BURGER SALAD

Our grass-fed beef burger patty served on a bed of fresh greens with tomato, cucumber, and red onion, with thousand-island sauce and dill pickles on the side 16

-Add cheese +1.50 / Add bacon +4



#### CHEF SALAD

Assorted salad greens with seasonallychanging veggies, topped with hardcooked egg, cheese, and choice of dressing on the side 12 -Add diced chicken or sliced ham +4 -Add toasted walnuts: +3

SIDE GARDEN SALAD Mixed greens, assorted veggies, and choice of dressing  $\mathcal{C}$ 



#### SANDWICHES



Choice of Sourdough, Ciabatta, or Multigrain Wheat (all homemade) Served with choice of side: house french fries, home fries, garden salad (+1.5), cup of soup, or daily side

SAUSAGE-APPLE MELT

Seared apple and onion slices, cheddar, thin sausage patty, and house-made honey-mustard, griddled 'til crisp 15

APPLE-WALNUT MELT

A spread of herbed soft cheese, red onion, toasted walnuts, cheddar, and seared apple slices, sandwiched together and griddled 13





SOURDOUGH-HAM REUBEN

House-made sauerkraut, sliced ham, provolone, and thousand-island dressing, on griddled sourdough bread 16

### MUSHROOM-VEGGIE MELT

Sauteed mushrooms, pepper, onion, and spinach, layered with cheeses and griddled 15

PATTY MELT

Our grass-fed burger patty pressed thin, sandwiched with sauteed onions, provolone cheese, and thousand-island dressing, and griddled 16

BLT Bacon-griddled bread with mayo, bacon, lettuce, and tomato 17



MONTE CRISTO Ham, provolone, and a touch of mustard on ciabatta bread, dipped in french-toast egg batter and griddled 17 -With side of maple syrup: +2 FARMSTEAD EGG SALAD Hard-cooked pastured eggs smashed with mayo, dill, and pickle, with fresh greens and red onion on lightly-toasted bread 12

GINGER-SESAME TOFU'WICH (v)

Slices of pan-fried sesame-crusted organic tofu, on lightly-toasted bread with a creamy ginger dressing and fresh veggies 13

LIVVY'S SALAD SAMMIE

Lightly-toasted bread stuffed with loads of veggies, cheddar and provolone cheeses, and choice of dressing II

GRILLED CHEESE

With mild cheddar and provolone, griddled 'til melty II -Add any of the following to make-your-own melt: apple slices, spinach, or pea shoots +I tomato or sauteed mushrooms +2 / ham +4



KID'S HALF-SANDWICH: Choice of grilled cheese or PB&J, with apple wedges or small fries 7

SIDES A LA CARTE

French fries (gf/v) 4 Home fries (gf/v) 4 Side-of-the-day (selections vary) 4 May include coleslaw, pickled beets, potato salad, etc. Most sides are gf and vegan





BURGERS AND BUNS

All served on homemade seeded bun, with pickle and choice of side All burgers from local grass-fed beef

CLASSIC BURGER Hand-pressed 1/4lb hamburger, with thousand-island style house sauce, lettuce, tomato, and red onion 14 -With cheese +1.50 / With bacon +4 / With fried egg +1

CHEDDAR-MUSHROOM BURGER Loaded with sauteed mushrooms, cheddar, and mayo 16

HERBED-CHEESE BURGER A spread of herbed soft cheese with red onion and pea shoots 15

BBQ PEPPER AND ONION BURGER Burger topped with sauteed peppers and onions and smoky-sweet BBQ sauce 17

REUBEN BURGER Piled with warm sauerkraut, thousand-island dressing, and melted provolone 16

WOVEN MEADOWS' CHICKEN MELT Pasture-raised chicken, roasted and diced, topped with mild cheddar and choice of spread or sauce (mayo, honey-mustard, bbq, ranch, thousand-island, chipotle mayo) 18

BBQ TEMPEH BUN (v) Organic tempeh slice pan-fried 'til crisped, topped with BBQ sauce, sauteed onions, and fresh pea shoots 13

> KID'S BURGER: 2.5 oz burger on homemade bun, with small fries or apple wedges 9 / With cheese: +1



## GLUTEN-FREE FRIENDLY G

These dishes all contain no flour/wheat and are cooked with single-use pans and utensils or in our gluten-free fryer; as our kitchen is not glutenfree, trace amounts are possible

 $M \text{Aple-Miso Stir-Fry} \ (\textbf{v})$ 

Seasonal veggies and choice of sesame-crusted tofu, tempeh, or walnuts, stir-fried and tossed with a sweetsavory maple-miso sauce and served over brown rice 16



 $FRIED \ RICE \ (v)$ 

Brown rice, minced mixed veggies, and choice of protein – egg, tofu, tempeh, chicken (+2), or sausage – pan-fried 'til crisped, drizzled with tamari, and topped with fresh shoots 14

Southwest Hash

Pan-fried diced potato, onion, pepper, garlic, and choice of chicken, ground beef, or sausage, with southwest spices and side of sour cream 18

-Top it with cheddar: +2



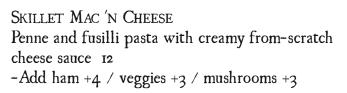
MEDITERRANEAN POLENTA

Sauteed spinach, tomato, Kalamata olives, cows-milk feta, and a drizzle of olive oil over slices of fried corn apolenta 17

MUSHROOM POLENTA

Wedges of fried corn polenta topped with sauteed mushrooms, onion, garlic, and choice of pasture-raised ham, toasted walnuts (v), or fried tempeh (v) 15







PASTA BROIL

Pasta with homemade red sauace, topped with cheeses, broiled 'til browned and bubbly 12

-Add pepperoni or crumbled sausage +4

-With vegan (v) / dairy-free cheese: +1



GARLIC-WALNUT PRIMAVERA (v) Medley of veggies (no mushrooms) sauteed with garlic, oregano, and olive oil, and tossed with and toasted walnuts 12 -Add parmesan cheese: +2 -Add chicken or sausage: +4

BEEF GOULASH Sauteed ground beef and onion with pasta in a light tomato and smoked paprika sauce 14

KID'S PASTAS Mac 'n Cheese 8 Pasta broil 8 Butter & Parmesan 6

> BREADSTICKS Served with house tomato sauce

 $\begin{array}{c} Plain \mbox{ (with a touch of garlic salt) } 7 \\ Cheesy \mbox{ (topped with parmesan and mozzarella) } 11 \\ \end{array}$ 



### Pizza



14-inch pizzas featuring from-scratch, hand-stretched dough and a housegrated blend of mozzarella, jack, and provolone <u>cheeses</u>

THREE-CHEESE AND HERB A spread of garlic-and-herb soft cheese topped with parmesan and mozzarella-blend cheeses 17



MEDITERRANEAN Olive oil, oregano, Kalamata olives, diced tomato, mozzarella-blend and feta cheeses 25

GARDEN VEGGIE Olive oil, spinach, onion, mushroom, bell pepper, tomato, and cheeses 20

CLASSIC COMBO Tomato sauce, cheese, sausage, pepperoni, onion, pepper, and mushroom 25 Substitute vegan (v) / dairy-free cheese on any pizza! +I

OUT-TO-PASTURE

Cheeses, tomato sauce, and a meat-lover's blend of grass-fed beef and pasture-raised chicken, sausage, and ham 30

CHEESE

House-made tomato sauce with a touch of parmesan and 3-cheese blend 15



TOPPINGS (add to basic cheese or any other pizza): onion +1 mushroom, bell pepper, spinach +2 Kalamata olives, feta: +4 pepperoni; 1/4lb sausage, ham, or ground beef: +6





We offer an extensive selection of made-from-scratch baked goods and desserts, with many flourless/gf items too. Selections vary daily; offerings may include: Cheesecake (gf) Pie Tarts (gf) Cake Hand pies Fruit Crisp (gf, v) Bread Pudding Baklava Macarons (gf) Macaroons (gf, df) Brownies (gf) Bars No-bakes (gf, v) Cookies Muffins Cinnamon rolls (v)

Whole pies, cheesecakes, trays, etc available for pre-order

Homemade breads, buns, granola, and jams Savory 6'' quickes, pizza-by-the-slice, and spanakopita too

